



# Wisdom Sole Circles

## TRANSFORMATIVE PRINCIPLES

**HONOR THE SACRED FIELD** - The sacred field holds transformative powers. Trust and honor its process.

**WISDOM HOLDERS** - All present are WISDOM HOLDERS. Each one has their inner wise guide, and therefore we speak only to allow another to access and hear the wisdom they already hold within. Do not share to fix, correct, or advise.

**BRING A BEGINNERS MIND** - We embark on this journey not necessarily as a means to an end but with an understanding that there will be many beginnings and endings as we walk this path on our own and/or together.

We try and let go of what this journey can bring for us. We drop expectations and outcomes of The Mind and see what remains. We stay as open and available, welcoming all there may be available to be seen and touched.

**SELF RESPONSIBILITY** - We take radical Self-responsibility for our experience in this process. To the way we show up, hold space, and share.

We share by owning your own experience and commit to looking deeper than we have ever before.

**CONSCIOUS PARTICIPATION** - We deeply listen and take turns to share as required. We come with genuine curiosity and wonder to all that we see. We ask questions that open a door, not closes it.

**COMMITMENT** - We stay committed to the whole process and time.

**INTEGRITY AND SELF HONESTY** - are imperative.

**NON-HIERARCHIAL** - There is no teacher here. Only a facilitator. All journey the path together.

**SILENCE** - Silence and pauses are sacrosanct.

**CONFIDENTIALITY** - What is shared in this sacred space is held with utmost respect and confidentiality.

**REFLECT THE HIGHEST TRUE POSSIBILITY** - In oneself and the other.

**COLLECTIVE GIFT** - What arises in the space is seen as a collective gift of and for each one in the circle.

**Am I responding in generosity? Am I responding in selfishness?**

**Am I responding in a way that builds up people around me,  
that builds me up, that is respectful of who I am?'**

**All of those questions are at the heart of how we discern  
best steps forward.**

**- Simone Campbell**